20192019Relazione di fine scambio

Scuola del Design

Istruzioni

Indicare di seguito tutte le informazioni che possano essere utili ad altri studenti che parteciperanno a uno scambio. Preferibilmente in lingua inglese, lunghezza min. 2500 parole + possibili immagini, file di max. dimensione 2 MB in formato PDF. Questo documento sarà pubblicato nel sito web della Scuola.

Informazioni generiche

Anno Accademico di Scambio:	2019-2020	Nome della Sede in scambio:	FAUL
Cognome e Nome:	Civetta Alessia	Stato:	Portogallo
Matricola:	915449	Codice Sede:	P LISBOA 109
Corso di Studio:	Interior and Spatial Design	Tipo di scambio: (Semplice o Doppia Laurea)	Erasmus
Anno di Corso:	2° LM	Semestre di Scambio:	2° semestre
Email:	alessia.cive@gmail.com	Docente Promotore:	Marcello Galbiati

Racconta la tua esperienza di scambio:

I think that my experience in Lisbon was not what I was expecting, the Covid-19 situation and then quarantine was a shock for everyone in the world, but I learned so much in these months.
I think that in our life we would never have imagined that we could be in this situation, where something invisible puts our lives in a huge risk, and the life of the people we love too. This is not the Erasmus experience that I imagined, but I can say that I have grown a lot and have much more awareness about many things.
I was in Lisbon since on month when in Italy the situation started to get worse and worse. My family lives in Lombardia, so I was very worried for them, but I decided to stay here so as not to endanger my family and especially my grandmother, as well as the situation in Portugal seemed more under control.
At the beginning it was frustrating, because I lived with 10 other people from different countries, who didn't understand the gravity of the virus and how it would be only a matter of time.
I decided after some days to move to another Italian girl's house, we became friends during the first period, in the way to do the quarantine together, so i could be worried only about the two of us. It was the best decision, we strengthened each other: we immediately had a connection and these months passed fast.
We tried to go out less possible, also for respect for the elderly neighbors. We managed to have our spaces but at the same time to find ways to have fun together at home.

I enjoyed the "free" time without restrictions: Lisbon is amazing, it wasn't my first time there because I did my first Erasmus in Porto, so I visited Lisbon some years ago, but it's always a surprise. The small streets, the colors, the Alfama, the miradouros that gives you the full view of the city but everytime different, the food, the people that are so nice and friendly.
I did the Erasmus cards that are really useful for different discounts: doing surf is cheap thanks to it, there are discounts in museums too. The train is always cheaper for students uder 25, so it's easy to do small trips to other small cities close to Lisbon or to the north or south.

Lisbon is a small capital that you can easily feel as home in a short time, you need only to understand their rhythm of life and start to look around.
In 30 min you can be on a hill, like Monsanto, and do a barbecue there, or you can go to the beach, swim in the ocean (that is pretty cold if you don't cross the bridge or go to the south). Everything is incredibly close, public transports are working really well, but Uber is really cheap too, and in the evening is always better to use it.
The night life is really good, the clubs are close to the river Tejo and there are parties organized by ESN or ELL, where you can go for free. For who likes techno music, Lux is famous in all Europe.
The food is really good! Portuguese food is incredible, they cook the codfish in a lot of different ways, all really good and particular. The meat is really good too, I ate really good hamburgers! Go out for lunch or dinner is really cheap, and more the place seems hidden or small, more it is traditional and more it is good! I didn't miss Italian food, because you can find it too in really good and cheap Italian restaurants, with good pizzas and pasta too.

Talking about the University, FAUL is a big campus a bit far from the center, it's in Ajuda, so I needed to take two buses to arrive there, 40-45 min, but it was ok because we were spending there the full day. I suggest to don't look for a flat there, close to the university, because it's far from the centre and really bad connected to everything.
Beside that, the university is really nice, there are laboratories and shops. Most of the classes are open, with no doors, but most of the time you don't listen the other teachers doing classes.
I choosed two laboratories: **Project Laboratory V** and **Conservation, restoration and rehabilitation** and a third one more theoretical : **Ciclo de cinema na FA.**
Project Lab V was about the project of an hotel in Cacilhas, an area close to Lisbon where now are located abandoned buildings. We could go there only one time before the quarantine, so it was a bit hard understand the space without knowing it. At the beginning I was worried because it was an architecture project to do alone or in couple, and from Design maybe I could not have enough technical knowledge to do it, but I discover that our faculty gave us enough elements to manage it and to manage where to look for the information that you need (technical drawings, details..) We were free to do the project how we wanted, without the influence of the teacher (that was always ready to help and give suggestions). I enjoyed it a lot.
About Conservation, the project was in an area close to the university in Ajuda, the idea was to make a requalification of an area close to a tower really important for the history but forgotten by all the Portuguese, We had a lot of theoretical classes with the professor José Aguiar and only the last month was related to the project.
The third class was about different architectures, architects, movements, presented in movies or documentary. I chosed this course because in Politecnico there are courses about the history of architecture, but nothing related to cinema and I find that watching movies about architects, schools of thought, interviews in which are explained concepts that are not said in the books, is interesting and an immediate way to learn notions that are indispensable for our future career.
It is always interesting to know what has driven people (architects, designers, artists etc) to take some decisions, to follow an idea that has accompanied them throughout their lives.
I really liked this course, especially the fact that at the end of each class there was the possibility to discuss and express opinions.
It's interesting to see how everyone receives different messages or is focused on some topics compared to others.
I liked a lot all the classes, even if online and not real classes.
For sure it was not easy for the teachers too to find a way to do the exams to a lot of students without seeing the work printed or to see our concentration or participation during the lectures, but how they managed to do the exams worked really well thanks to Zoom too.
I feel more sure about my capability now, doing a project from zero made me really proud of my work.
Thanks to this experience I grow up a lot, I understood the value of small things, of the time and where I want to stay. I'm moving to Lisbon again to write my thesis.
Lisbon is an amazing city full of inspiration, I have never felt so at home as in Portugal. I suggest to everyone to do this experience because it can change your life.

Firma: Alessia Civetta

Data: 31/07/20